

Shipping Instructions

Shipping

You will have a pre-paid Royal Mail 1st class Label included in your kit. Please place the label on the outside of your shipping box, and either place in a Post box or take to a Crown Post Office or Royal mail Post Office.
The shipping address is direct to the analysing lab at:

Medical Diagnosis Regenerus) Laboratories
Unit 12 Central Business Centre
Iron Bridge Close
Great Central Way
London
NW10 0UR

**DO NOT RETURN TO REGENERUS
LABS REDHILL, SURREY.**

Blood test Instructions



ENCLOSED: CHECK THE BELOW CONTENTS

PLEASE NOTE THIS IS NOT A FASTING TEST

Keep the box provided to return your sample in.

BLOOD DRAW SHOULD ONLY BE BOOKED FOR MONDAY –
THURSDAY MORNINGS

BP03/04/05/12/14/18	
Gold Top SST 2xTube	
Small Aliquot Tube	
Return Shipping Label	
Return Box	

Patient Information

When?: Book your blood to be drawn and collected Monday to Thursday only ensuring the next day is not a bank holiday or weekend in the UK.

Preparation

- For all panels, no fasting is required
- Do not stop any medications or supplements without checking with your health care professional beforehand.

Where?: You can choose any location you like to collect your blood, but some may NOT have a centrifuge (see blood draw requirements opposite) on site. For partner sites that can help visit www.regeneruslabs.com.

See shipping instructions overleaf

Phlebotomist Instruction

Blood Draw

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

Ensure each vial is labelled with the patient name, date of birth and date of collection. Failure to label the vials correctly may result in a sample rejection.

For all panels (BP03/04/05/12/14/18) draw 2 x Gold Top SST tubes. This can now be sent.

- No Centrifugation is required, but IF it is possible, but not essential, it is preferred to be centrifuged at the time of draw.

-However, if it is not being centrifuged at the time of the draw, then it must be in the analysing lab within 24 hours.

-For Gold SST samples, stand for 15 minutes, centrifuge for 15 minutes at 3500rpm until serum sample is separated. For one Gold Top tube only remove the serum and pour off into the Aliquot tube.

- Sign and date requisition form

Packing

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.

For assistance call 0203 750 0870